Acting white.

summary: Interviews with Black students in a New York high school explore the problem of those who work diligently and achieve academically being accused of "acting white." The problem is suspected to be one of the causes of the achievement gap between Black and White students on standardized tests.

LC2771 .A28 1999

ADD, the race inside my head.

summary: Focuses on Attention Deficit Hyperactivity Disorder in the college environment. Students relate difficulties of coping with ADD in the classroom and other situations. Topics outlined include: most recent clinical definition of the disorder; diagnosis and medication; suggestions for service providers and faculty who work with students having ADD.


ADHD.

summary: Discusses symptoms, diagnosis and treatment of Attention Deficit Hyperactivity Disorder in both adolescents and adults. Two adults who suffer from ADHD discuss their lives and how they live successfully with the disorder.

WS 350.8.A8 A41 2003

Adlerian therapy.

summary: Begins with a discussion about the theory and its application, followed by an actual counseling demonstration. Concludes with a discussion with a group of professionals specifically about the demonstration and generally about the theory.

WM 420 P95 v.1 1997

Alan Alda in Scientific American Frontiers chimp minds.

summary: Alan Alda visits a group of chimpanzees and explores the difference in learning and lifestyles between chimps and human beings and the reasons for this difference.

QL737.P96 C46 2005 (DVD)

Albert Bandura.

summary: Richard I. Evans interviews noted psychologist Albert Bandura.


Animated neuroscience and the actions of nicotine, cocaine, and marijuana in the brain.

summary: Using 3-D animation, this program explores how the brain functions and the effects of nicotine, cocaine, and marijuana on brain chemistry.

QP356.3 .AS5 1997

Anorexia.

summary: Hosted by Phil Donahue, this program explores anorexia, a puzzling disease that has received much publicity over the past few years. Primarily striking girls and young women, this eating disorder's exact causes are largely unknown. Two former sufferers of anorexia are guests, as well as Dr. Ronald Liebman, Director of the Philadelphia Child Guidance Clinic, who stresses that early intervention with non-hospital treatment and family therapy can lead to success in reversing the disease.

WM 175 A615 1987

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Apocalypse now.

summary: Francis Ford Coppola's stunning vision of man's heart of darkness revealed through the peculiar madness of the Vietnam War.

PN1993.15 .A635 1979

Autism : a world apart.

summary: Looks at three families with children with autism ranging in age from six to twenty-six. Parents and siblings discuss the heartaches, strains, and rewards of living with autism.

WM 203.5 A925 1988

Autism : breaking through..

summary: Japanese non-drug and music therapy for autistic children as applied to autistic children in the West.

WM 203.5 A927 1988

B. F. Skinner on behaviorism.

BF199 .B15 1977

Babies.

summary: Experience the first two years of a child's life just as they do. This groundbreaking program reveals what only the little ones know. What is their most profound need? How do they really see their parents? What does it feel like to struggle to walk or learn to speak? Is language learned in the womb?

WS 103 B 119 2003

Baby human.

summary: Experience the first two years of a child's life just as they do. This groundbreaking program reveals what only the little ones know. What is their most profound need? How do they really see their parents? What does it feel like to struggle to walk or learn to speak? Is language learned in the womb?

WS 103 B119 2003

The baby human 2.

summary: Imagine being thrust into a world where you cannot speak, movements are limited and in order to survive you must unravel the meaning behind a maze of sights and sounds. This is the world of a baby. Takes a look inside the mind of a baby, revealing how they think, communicate and observe. It's an incredible journey that each of us has taken, but which none of us remembers.

Get a carpet-and-crib-eye view of what it means to be a baby.

BF720.C63 B33 2009

Basic instinct.

summary: Originally produced for the television program Primetime live, broadcast on December 6, 2006. This episode of "Primetime's" hidden camera experiment explores how people react-- or choose not to act-- to situations that drive us all crazy; like people talking on their cell phones too long, out of control kids, out of control grown ups, situations that cry out for action, and the question becomes: "What would you do?"

HM1251 .B37 pt.1 2007 (DVD)
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A beautiful mind.
summary: Dramatic biography of John Nash, a mathematical genius, who made an astonishing discovery early in his career and stood on the brink of international acclaim. But the handsome and arrogant Nash soon found himself on a painful and harrowing journey of self-discovery. After many years of struggle, he eventually triumphed over his schizophrenia, and finally, late in life, received the Nobel Prize.
PN1993.15.B423 2001 (DVD)

Behind the screens: Hollywood goes hypercommercial.
summary: Discusses the idea that mainstream, big-budget movies have become largely a vehicle for advertising and marketing.
HF6161.M7 B445 2002

Biology & crime.
summary: Discusses whether or not people are born into a life of crime.
HV6789 .B56 1985

Black, white and angry.
summary: Interviews with Black students in a New York high school explore the problem of those who work diligently and achieve academically being accused of "acting white." The problem is suspected to be one of the causes of the achievement gap between Black and White students on standardized tests.

Body image.
summary: This program, consisting mostly of personal, candid statements from teenagers, explores media glorification of arbitrary physical types, peer pressure, and how these effect adolescent self-image. Discusses media stereotyping, eating disorders, self-esteem, balanced nutrition and sexuality.
HQ796 .B63 2000

Boy to girl to man: disproving the theory of gender neutrality.
summary: "When David Reimer was a newborn, his penis was burnt off in a botched circumcision. On the advice of Dr. John Money, a pioneering gender-reassignment specialist, David was renamed Brenda and raised as a girl. This program recounts the medical and psychological ordeals that Reimer underwent, both as Brenda and then as David again, before his suicide in 2004."
WM 611 .B789 2007

Bridget's story.
summary: This program follows the story of Bridget Roath, her lifetime struggle with anorexia nervosa, and her eventual treatment at the South Coast Medical Center in Laguna Beach, Calif.
WM 175 B851 2003 (DVD)

Bulimia.
summary: Phil Donahue leads a panel composed of Michael Johnson of the Michael Reese Medical Center, Susan Wooley of the Cincinnati Medical Center Clinic on Eating Disorders, and three former bulimics through an analysis of the causes, symptoms, and treatments of this serious eating disorder.
WM 175 B933 1987

Burden of innocence.
summary: In recent years, media headlines have trumpeted the release of more than 100 longtime inmates who have been exonerated by DNA testing. But what happens to these wrongly accused inmates after the media spotlight turns elsewhere and they must attempt to rejoin a world far different from the one they left behind?
HV9275 .B87 2003

Changing brains: [effect of experience on human brain development].
summary: "The central theme of the program is that virtually every aspect of the development of the human brain, and the sensory, cognitive, social and emotional skills that it supports, is dependent on and shaped by experience (i.e., input from the environment)."
QP376 .C32 2009

Changing your mind.
summary: Alan Alda learns about the way the brain works as researchers demonstrate how malleable the brain is and memories are, how it is possible to grow one's own brain, what happens when one dreams, and new understandings of the human mind.
WL 300 C456 2000

Child abuse.
summary: Deals with the subject of sexually and physically abused children. Offers tips on how to select a day care center and clues to help identify an abused child.
HV6626.5 .C47 1987

Child development.
summary: This program examines a range of the major subjects categorized under the rubric of Child Development, with one- to five-minute segments per subject. Topics covered include genetic counseling and prenatal testing, fetal alcohol syndrome, prepared childbirth, reflexes of newborns, learning in infants, temperament, physical abuse of children, learning disabilities, sexual abuse of children, and teen suicide, inter alia.
BF721 .C45 1993

Childhood depression.
summary: Profiles a three-year-old boy and his parents, all of whom have depressive disorders and shows how son is affected by his parents depression.
WM 171 C536 1987

Children no more.
summary: Program shows the development of children in adolescence and the change in public feeling towards the mentally retarded.
HV891 .A13 1988 pt.2

Classical and operant conditioning.
summary: Presents theories of learning from the behaviorist viewpoint through explanations of classical and operant conditioning. Includes footage of laboratory experiments and examples from everyday life.
BF319 .C52 2002

Eating disorders.
summary: Program follows the story of Bridget Roath, her lifetime struggle with anorexia nervosa, and her eventual treatment at the South Coast Medical Center in Laguna Beach, Calif.
WM 175 B851 2003 (DVD)

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Client-centered therapy.
summary: Nathaniel J. Raskin conducts a mock therapy session to illustrate the uses of client-centered therapy, a process that produces client self-discovery and actualization when the client's frame of reference is understood, accepted, and respected.
WM 420 A12 1992 v.5

Clone.
summary: Investigation into the topic of genetic cloning, and its potentials for changes in the human race.
QH442.2 .C54 2002

The codes of gender: identity + performance in pop culture.
summary: "Communication scholar Sut Jhally applies the late sociologist Erving Goffman's groundbreaking analysis of advertising to the contemporary commercial landscape in this provocative new film about gender as a ritualized commercial performance. Uncovering a remarkable pattern of gender-specific poses, Jhally explores Goffman's central claim that the way the body is displayed in advertising communicates normative ideas about masculinity and femininity. The film looks beyond advertising as a medium that simply sells products, and beyond analyses of gender that focus on biological difference or issues of surface objectification and beauty, taking us into the two-tiered terrain of identity and power relations."
P96.S5 C6 2009

Cognitive-affective behavior therapy.
summary: This session will view attempts to capture the cognitive-affective behavior theoretical approach and clinical style in as close to real circumstances as possible.
WM 420 A12 1992 v.3

Cognitive-behavior therapy.
summary: Jacqueline B. Persons conducts a mock therapy session that illustrates the use of cognitive-behavior therapy, an approach that emphasizes the use of a case conceptualization to guide the therapist's use of standard cognitive-behavioral interventions.
WM 420 A12 1992 v.6

Cognitive-behavioral therapy.
summary: Jon Carlson, Diane Kjos and Don Meichenbaum introduce cognitive-behavior theory. This is followed by actual footage from an actual session and follow-up discussion.
WM 420 P95 v.3 2000

Cognitive-behavior therapy.
summary: Jon Carlson, Diane Kjos and John Krumboltz begin by introducing cognitive-behavior theory. This is followed by an initial therapy session with Dr. Krumboltz and Robin, a white female, where the presenting issue is Robin's relationship with her mother-in-law. A discussion of the therapy session by Carlson, Kjos, and Krumboltz with a panel of counselors, counselor educators and graduate students concludes the video.
WM 420 P95 v.2 1997

Cognitive-behavioral theory in practice.
summary: Dr. Janelle Pullen conducts two cognitive behavioral therapy sessions with a high school student-athlete, who has become distant and has lost the enthusiasm he used to have.
WM 420 P95 v.3 2000

Cognitive development.
summary: Focuses on the cognitive development of infants and children.
BF201 .C64 1989

Color blind.
summary: In this provocative program, five students from a variety of cultural and ethnic backgrounds speak with candor about racial harassment at their high school in an effort to encourage teenagers to examine their own attitudes and behaviors.
HT1521 .C63 2001

summary: Discusses the communication process, how children develop communication skills, what can go wrong and how to recognize problems.
WS 105.5.C8 C734 1986

Conductive therapy for Down's Syndrome: Robert's story.
summary: Robert was born with Down's syndrome. His prognosis was not good: yet, at the age of four, Robert can walk, he can even run, and he can read and add numbers. His brain is being "repaired" steadily in the controversial treatment called "patterning". This program shows how this grueling and exhausting treatment works and how children with Down's syndrome are being trained so that they can attend regular schools, hold jobs, and in effect lead normal lives.
LC4601 .C66 1992

Constructing the multi generational family genogram: exploring a problem in context.
summary: Describes how to construct the multi-generational genogram and its importance in family therapy.
WM 430.5.F2 C66 1983 (DVD)

The cost of cool: youth, consumption & the environment.
summary: The cost of cool shows teenagers grappling with what it takes to be "cool" and the environmental price we pay to have the latest, "coolest" stuff."
HC79.C6 C7 2001

A crime of insanity.
summary: Examines the controversial ways the criminal justice system deals with the insanity plea, specifically in the case of State University of New York, Albany, psychology student Ralph Tortorici who held classmates hostage in a 1994 incident. Tortorici was schizophrenic.
KF224.T67 C75 2006

Critical thinking forum: educational reform for the year 2000.
summary: This eight-part series, designed by Richard Paul, explores the profound role that critical thinking can play in the reform of education and investigates how instruction needs to be redesigned at all levels and in all subjects so as to cultivate minds with intellectual discipline.
BF441 .C75 1991

Cybersenses.
summary: Explores replacement synthetic Cochlear implants for hearing and artificial retinas for seeing.
QP431 .C93 2005 (DVD)
Daisy: the story of a facelift.
summary: One woman's decision to have a facelift is the basis for this documentary looking at cosmetic surgery and our cultural attitudes about aging.
WO 600 D34 1983

A day in the life of a child.
signature: Program examines the development in school-age children of logical understanding and application, the importance of conformity and peer culture, scholastic growth and development and the child's relationships with family and friends.
WS 100 D273 1990 v.3

A day in the life of a pre-schooler.
signature: Program looks at play and fantasy during the preschool years as a way to gather skills for later learning.
WS 100 D273 1990 v.2

A day in the life of a teen.
signature: Program explains the changes taking place during the teen years and addresses the myths and concerns associated with being a teenager.
WS 100 D273 1990 v.4

A day in the life of a toddler.
signature: Program examines the physical development, psychological independence, social skills development, exploration and timing in toddlers.
WS 100 D273 1990 v.1

Death by doctor.
signature: Mike Wallace interviews Jack Kevorkian on the subjects of euthanasia and physician-assisted suicide.
W 50 D285 1998

The Deadly deception.
signature: George Strait investigates the notorious Tuskegee Syphilis Study which ran from 1932 to 1972. African American men in Macon County, Alabama believed they were receiving free treatment for bad blood, instead, they were given worthless medicines for their true disease, syphilis.
WC 160 D278 1993

Different by design.
signature: Explores the physical and mental aspects of human sexuality from adulthood to old age.
HQ12 .D54 2003 (DVD)

Discovering psychology.
signature: Series integrates a historical and cutting-edge perspective of the field of psychology. New developments are measured against historical breakthroughs, and theories are tested by the recent findings of leading researchers.
BF121 .D57 1989

Disorders due to psychoactive substance abuse use.
signature: This program focuses on alcoholism and the five main areas involving psychoactive substance abuse: dependence syndrome, withdrawal state, withdrawal state with delirium, psychotic disorder, and amnestic syndrome. Contains interviews with several alcoholics to illustrate the various mental disorders associated with the illness, their symptoms, and the differential diagnoses associated with each, including Korsakov's psychosis.
WM 274 D612 1998

Divided memories.
signature: Frontline examines the complicated issue of repressed memory, looking at what we know about memory and the way it works. Part 1 looks at the different kinds of therapies used to help patients remember, including age-regression therapy, past-life therapy and hypnosis. Part 2 looks at the effects that remembered abuse has had on the families involved and explores how we distinguish real memories from those which are not true.
WM 193.5.R4 D618 1995

Don't forget: Alan Alda in Scientific American Frontiers.
signature: Alan Alda meets scientists who are trying to unravel the mysteries of memory - where memories come from, how they're remembered and what people can do to hold on to them.
BF371 .D77 2004 (DVD)

Dr. Carl R. Rogers: Motivation, perception, learning, the self, client-centered therapy, encounter group movement.
signature: Carl R. Rogers interviewed by Dr. Richard Evans.
BF698 .R642 1960 pt.1

Dr. Gordon Allport.
BF698 .A442 1964

Dr. Hans J. Eysenck.
BF698 .E972 1969

Dyslexia: diagnosis and prognosis.
signature: Program provides an overview of the nature of dyslexia, including the symptoms, probable reasons for learning disabilities, types of testing, and types of learning assistance available.
WM 475.6 D998 1990

Eating disorders.
signature: Profiles Peggy Claude-Pierre and the Montreux Counseling Center in Victoria, British Columbia. The center offers an alternative treatment for anorexia and bulimia.
WM 140 T756 1999 v.8
Ecological design: inventing the future.
summary: Beginning in the 1920's with the work of R. Buckminster Fuller, moving through the 1960's and the Counter Culture and ending on the doorstep of the 21st century, this program follows the evolution of ecological design from the visions of a few independent thinkers to the powerful movement it is becoming.
NA2542.35 .E3 1994

Emotional intelligence: a new vision for educators.
summary: Defines emotional literacy and its five skills: self-awareness, managing moods, motivation, empathy and social skills. Illustrates the importance of emotional intelligence to a person’s success in life, and how emotional literacy programs in schools can teach children how to manage their emotional side.
BF561 .E46 1996

Erik H. Erikson: a life's work.
summary: Film presents biographical information about Erik H. Erikson and his work on behavioral theory.
BF109.E7 E75 1992

Ethnocultural psychotherapy.
summary: Lillian Comas-Díaz conducts a mock therapy session utilizing an ethnocultural psychotherapy framework. This approach centers on the recognition, recovery, and use of the client's strengths to resolve those areas that are considered problematic.
WM 420 A12 1992 v.4

Evil wind, evil air.
summary: Explores the folk illness, mal aire, which afflicts children in the Ecuadorian Andes. Film describes the origin and symptoms of the illness, and the folk healers’ methods and rituals for protection and cure.
GN477 .E95 1985 (DVD)

Existential-humanistic therapy.
summary: Begins with a discussion about the theory and its application, followed by an actual counseling demonstration. Concludes with a discussion with a group of professionals specifically about the demonstration and generally about the theory.
WM 420 P95 v.4 1997

Experiential psychotherapy.
summary: The session will view attempts in a mock therapy session conducted by Alvin Mahrer, to capture the experiential theoretical approach and clinical style in as close to real circumstances as possible.
WM 420 A12 1992 v.10

Falling in love.
summary: Biologist Robert Friar, anthropologist Helen Fisher, social psychologist Arthur Aron, neurobiologists Semir Zeki and Andreas Bartels, Charles Wysocki, of the Monell Chemical Senses Center, and Louis Monti, of Pherin Pharmaceuticals, talk on topics including the neurochemistry of love, subconscious "love mapping," the vomero-nasal organ, "romance junkies," the stimulating power of dance, and the dynamics of kissing. Experiments that analyze the effects of pheromones, correlate fear with passion, induce bonding through shared confidences, and plot the activation of brain centers in response to visual images of loved ones are featured.
BF575.L8 F35 2004 (DVD)

The Familiar face of love.
summary: Offers insight into who we fall in love with and why. Explains a "love map" --an inner blueprint of the ideal relationship which is formed by early childhood attitudes and experiences. Shows "sex rehearsal play" among young children on a kibbutz in Israel.
BF575.L8 F36 1986

Family and community genograms in multicultural counseling: psychotherapy as liberation
summary: Presents a cultural and community genogram as a method to help clients see how cultural factors, implicit and explicit in the community underlie individual and family development, and to develop positive cultural aspects and understanding of self-in-relation.
BF637.C6 F36 1996

Family systems perspective.
summary: Dr. Kaslow conducts a mock therapy session with an individual, using a family framework, focusing on intrapsychic and interpersonal stresses and conflicts.
WM 420 A12 1992 v.8

Family systems therapy.
summary: This video begins with a discussion about the theory and its application, followed by an actual counseling demonstration. The tape concludes with a group of professionals discussing the demonstration and the theory.
WM 420 P95 v.5 1997

The family that walks on all fours.
summary: An intense scientific debate has ignited around an extraordinary family living in rural Turkey with five adults who walk with their feet and the palms of their hands. Five siblings were discovered by scientist Uter Tan, who suggested that the handwalkers might be "genetic throwbacks," offering clues to our early human ancestors. German geneticist Stephan Mundlos is searching for a genetic mutation that could be connected to why early humans first stood upright. The discovery of this family raises fascinating questions about genes, social upbringing, and the evolution of our species.
GN62.8 .F36 2007 (DVD)

Fat and happy.
summary: Shows how eating healthier can improve the quality of life and increase longevity.
GT2853.US F3 2000

Feminist therapy.
summary: Laura S. Brown conducts a mock therapy session that stresses the use of feminist therapy, an approach that encourages clients to discover the manner in which their authority in their lives has been taken from them and to reclaim that authority and to speak in their own voice.
WM 420 A12 1992 v.2
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Feminist therapy.
summary: Jon Carlson, Diane Kjos, and Lenore Walker begin by introducing feminist therapy. This is followed by an initial therapy session with Dr. Walker and Gina, a black female, where the presenting issue is Gina's relationship with her ex-husband. A discussion of the therapy session by Carlson, Kjos, and Walker with a panel of counselors, counselor educators, and graduate students concludes the video.
WM 420 P95 v.6 1998

Fooling the senses / Candid Camera.
BF233 .F66 2010

Finding Forrester.
summary: Jamal Wallace is a talented young basketball player in New York City whose secret passion is writing. After an accidental meeting, Forrester, a reclusive novelist, becomes Jama's unlikely mentor. Soon, both men learn lessons from each other about life and the importance of friendship.
PN1993.15 .F513 2000 (DVD)

Foodfright.
summary: A stage production which explores in a musical, tragi-comic style anorexia, bulimia and the pressures placed on all women to be thin.
WM 175 F686 1988

Freud under analysis.
summary: Discusses Freud's methods of analysis, free association, transference, seduction theory and other causes of neuroses such as sexuality. Also covers discussions on Freud's self analysis.
BF173 .F74 1987

Future car.
summary: Explores the latest developments by the Big Three in automobile design technology that replaces gasoline with non-fossil fuels such as hydrogen or electricity.
TL154 .F88 2004 (DVD)

Gateway to the mind: the story of the human senses.
summary: Shows what science has learned about the human senses and how they function, explaining that in addition to the five commonly thought of senses, sight, sound, smell, taste, and touch, scientists know of and tell about the senses of cold, heat, pressure, pain, and others. Dr. Frank Baxter explains scientific findings about the human senses, and brain surgeon Dr. Wilder Penfiled shows.
QP431 .G38 1958

Gender and the interpretation of emotion.
summary: Discusses how extensive investigation was done by researchers who used still photographs of facial expressions, a newspaper feature, and a nationally televised dramatic segment to gauge the differences between men and women in the thoughts and feelings they ascribe to others. Also discussed are the impact of different sample sizes, the use of controlled and uncontrolled labs, and the implications of the research for understanding autism.
BF531 .G46 1997

Getting to know you.
summary: A brief examination of some factors that play a role in shaping a child's emotions and personality.
BF723 .P4 G48 2003

Girl, interrupted.
summary: After a session with a psychiatrist she'd never seen before, 18-year-old Susanna Kaysen is sent to McLean Hospital, where she spends the next two years on a ward for disturbed teenage girls.
PN1993.15 .G5594 1999

Grief & healing.
summary: Seven everyday people reflect on their experiences with loss, grief, and healing. Discussing what they fear, how they will say good-bye, and other deeply personal topics, some discover the transformation and healing that may occur in such moments.
BF575 .G72 2003 (DVD)

Growing up.
summary: Explores the issue of nature versus nurture through a cross-cultural study of two teenagers on different continents.
HQ1078 .G76 2003 (DVD)

Growing up different.
summary: Looks at children growing up with different views of the world due to physical and mental challenges and scientific advances that can improve their ability to function.
HV1568.4 .G76 2001

Harry.
summary: Case study illustrating the successful treatment of a 24-year-old self-abusive man by the effective use of behavior therapy. Therapist Dr. Richard M. Fox narrates his treatment step by step, documented by videotaped recordings through a one-way mirror.
WM 100 H323 1980

Having your cake.
summary: Documents the personal journeys of four women with bulimia, moving from awareness of self-destructiveness, the road to recovery, to physical and emotional health.
WM 175 H388 2003 (DVD)

How biased are you?
summary: Explores the history and practice of racism through its extreme manifestations, such as slavery, the Holocaust, segregation, bias crimes, and racial profiling, as well as its more subtle demonstrations, such as the pernicious subconscious biases that can exert an influence on everyday behavior. Uses hidden cameras to show the different experiences of black and white persons in the same situations, such as shopping in a store. Examines the provocative bias-sensitivity test developed by Anthony Greenwald and Mahzarin Banaji, which looks for hidden, subconscious biases. Looks at prejudice in children of various ages.
BF575 .P9 H69 2001

How the special needs brain learns.
summary: Language disorders -- Reading disorders -- Writing disorders -- Mathematical disorders.
LC4704.5 .S68 2001 suppl

Language disorders.
summary: Provides teachers and parents with the tools they need to better understand their students, including the latest research on teaching strategies, therapy and remediation techniques, and the impact of language disorders on students' academic achievement.
LC4704.5 .S68 2001 suppl

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Howard Gardner answers.
summary: Howard Gardner answers the most commonly asked questions about the application and implications of his theories of multiple intelligences (MI) in an educational setting.
BF432.3 .M44 1996 pt.2

Human aggression.
HM116 .H86 1976

The Human animal.
summary: Phil Donahue examines human behavior and the human condition through interviews with people from around the world and with experts about love, sex, violence, war, child development, sex differences, and the family.
BF121 .H86 1986

Human relationships, why they succeed or fail.
summary: Examines factors which contribute to the success or failure of human relationships. Shows some of the problems involved in relationships, and discusses role playing and the importance of self-knowledge.
HM132 .H85 1981

The human spark.
summary: Alan Alda takes a look at how humans first appeared on Earth millions of years ago, and how our species not only survived, but thrived, through some unimaginable conditions. Alda visits with dozens of scientists on three continents, and participates directly in many experiments - including the detailed examination of his own brain.
GN281 .H86 2009

The I.Q. myth.
summary: Describes standard I.Q. tests, shows how they have been used in the past, and examines their use today. Discusses the controversy surrounding the tests and some of the abuses that have accompanied their use.
BF431 .I57 1975

In the name of love.
summary: "What's motivating the thousands of Russian women who sign up with agencies to meet and marry American men? From the gray skies of St. Petersburg to sunny California ranches, we see the financial and emotional pros and cons of exporting one's heart. The film grapples with the tremendous economic challenges and difficult decisions facing Russian women today"--New Day Films website.
HQ1032 .I58 2002 (DVD)

In the womb.
summary: From the moment of conception, every human embryo embarks on an incredible nine-month journey of development. Now, cutting-edge technology makes it possible for National Geographic Channel's "In the womb" to open a window into the hidden world of the fetus and explore each trimester in amazing new detail. Revolutionary 3-D and 4-D imagery sheds light on the delicate, dark world of a fetus as never before and follows a rare fetoscope operation, performed in utero with the hope of correcting life-threatening complications before birth.
WQ 210.5 1108 2005 (DVD)

The incredible human body.
summary: Explores the human body through individual case studies, highlighting cutting-edge medical technology and life-and-death personal dramas.
QT 104 .I37 2002 (DVD)

The incredible machine.
summary: Documents & explains the inner workings of the human body, using a variety of photographic techniques.
QM23.2 .J53 1993

Infant development: a first-year guide to growth and learning.
summary: Presents information concerning the baby's development during the first year of life including developmental norms, motor skills, taste, touch, sight, hearing, parent/child bonding, and language.
WS 103 143 1987

Integrative therapy.
summary: Begins with a discussion about the theory and its application, followed by an actual counseling demonstration. Concludes with a discussion with a group of professionals specifically about the demonstration and generally about the theory.
WM 420 P95 v.7 1997

Intelligence.
summary: Program focuses on the definition and testing of intelligence.
BF431 .I57 1989

Invitation to social psychology.
summary: Introduces social psychology--how thoughts and actions are influenced by other people. Examines its methods of investigation and some of its discoveries. Discusses affiliation, cognitive dissonance, conformity, and aggression.
HM251 .I52 1975

It's a wild ride at O'Leary Junior High.
summary: "A video field trip designed to introduce the "It's A Wild Ride" project described on the related Web site www.intel.com/education ... The video ... introduces an interdisciplinary math, science, and language arts project. Students learn about and apply laws of motion, linear, functions, and technical reporting as they design and present an ultimate roller coaster ... The video serves as a "table of contents" to introduce the resource-rich Web site. The Web site provides all the materials used by the teachers and students featured in the video--tools you can use to adapt for your own classroom"
Q181 .I8 2000

Landmarks in psychology.
summary: Focuses on the impact of important psychological discoveries. Discusses the findings of Freud, Pavlov, and Skinner. Explains basic psychological terms; illustrates research techniques; and explores different schools of psychology.
BF121 .L27 1976

Language.
summary: Examines the uniqueness of human language, the development of language, language and the brain, and language and different cultures.
P118 .L36 1989
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Language and thinking.
summary: Discusses the development of language, communication and thinking skills in the toddler-aged child.
LB1139.L3 L32 1992

Learning and memory.
summary: Explores early and modern discoveries relating to brain function in memory and learning. Discusses changes in brain cells which may occur when one learns or remembers, and considers the relation of age to these processes. Includes interviews with neuroscientists, normal older adults, and amnesia victims. Suggests new methods which may help victims with memory disorders such as amnesia.
WL 300 L438 1984

Learning to hate.
summary: Focuses on how children learn to hate, and how attitudes toward hatred differ from culture to culture.
BF575.H3 L43 1997

Let there be light.
summary: Shows the treatment of World War II combat neuropsychiatric patients in an Army hospital. Demonstrates narcosynthesis, hypnosis and psychiatric therapy.
PN1993.15 .L43635 1946

Letting go: a hospice journey.
summary: Shows how hospice can provide an opportunity to find comfort, companionship, and peace before death for terminally ill patients and their families. The program sheds light on the decision-making process of the doctors, nurses, chaplains, social workers, and volunteers involved in the hospice.
WB 310 L651 2004 (DVD)

Liar: deception in society.
summary: From love to international affairs, from war to business, nearly everyone lies. This program reveals the vital role played by deception in our society, and examines new "foolproof" scientific methods for sorting out the truth. Studies by evolutionary psychologists link lying to the power of language, and show how children and others learn to lie to survive socially. At a university, mathematical formulae and sophisticated computer technology combine to create the Computer-Based Polygraph (CBP)--a revolutionary lie-detector which its creators claim will usher in a new era of scientific diagnosis of truth. But will it work? And if it does, how damaging will it be to our personal, social, business, and political relationships?
BJ1421 .L53 1995

Life's first feelings.
summary: Discusses research which examines infants' emotions, the expression and development of emotions, and the role early feelings play in child development.
BF720.E45 L54 1986

Little things: prejudice.
summary: Features Lena Williams, a reporter for the New York Times and author of It's the little things: the everyday interactions that get under the skin of Blacks and whites, who polled and interviewed focus groups on how statements, gestures, and even body language can be interpreted—rightly or wrongly—as racial prejudice.
BF575.P9 L55 2001

Lone star.
summary: An unsolved murder in a Texas border town uncovers a tale of corruption, intrigue, and forbidden love.
PN1993.15 .L663 1999

Love, lust and marriage: why we stay and why we stray.
summary: "How do people find love, why do they fall in love, and once married, how do they stay in love? In this ABC News special with correspondent John Stossel, the modern-day notion of love, with all of its attendant expectations, is examined. Despite divorce rates that are currently holding steady at 50 percent, research shows that married couples are actually healthier -- and claim to be happier as well. Also discussed are what can make a marriage fail and other cultures' solutions to "the dating game," such as arranged marriages."
BF575.L8 L68 2003

Madness.
summary: Examines mental illness as a possible dysfunction of the brain rather than a condition caused by life experience, focusing on severe schizophrenia. Includes interviews and conversations with several schizophrenics and their families, explaining the symptoms of the condition. Discusses theories of schizophrenia as a brain disorder, possibly with genetic and/or biochemical roots and treatable with medication.
QP376 .B72 1984

Madness and medicine.
summary: A critical look at mental institutions and their diverse treatment programs which help some patients but prove damaging to others. Examines what happens to patients after they are discharged from an institution, showing how often their follow up care is inadequate.
WM 100 M183 1977

Many ways to see the world.
summary: Presents a fascinating exploration into the minds of twelve mapmakers. Discover how their unique backgrounds, philosophies, values, and politics led each to select a particular mathematical formula to create their maps. Learn about the impact those world images have had on us, consciously and unconsciously.
GA105.3 .M35 2006

Memory: fabric of the mind.
summary: Explores the process of memory--how we remember what we have learned.
LB1063 .M46 1988

Memory, suggestion and abuse.
summary: Jeffrey Mishlove interviews Michael D. Yapko focusing on the different factors that influence the quality of memory and suggestibility.
WM 193.5.R4 M533 1994
Psychology Videos as of 2012

Methodology: the psychologist and the experiment
summary: Shows two examples of controlled manipulation
with test groups in the laboratory in order to explain the
basic logic of experimentation in psychology.
BF181.M48 1975

MI: intelligence, understanding, and the mind: an illustrated
presentation.
summary: A lecture by Howard Gardner accompanied by
illustrations which presents his basic theory of multiple
intelligences (MI), and his recent work on performance-
based assessments, education for understanding, and the
use of MI to achieve more personalized curriculum,
instruction, and assessment.
BF432.3.M44 1996 pt.2

MI millennium: multiple intelligences for the new millennium.
summary: Lecture by Howard Gardner presenting new ideas,
new directions, and new implications for the MI theory.
Recent work on performance-based assessment, education
for understanding and the use of MI to achieve personalized curriculum, instruction and assessment are
also presented.
BF432.3.M46 2002

Middle childhood: cognitive and language development.
summary: Part of a series of programs covering the unfolding
process of human development from the beginning of life
through adolescence.
BF724.M53 1997

The Mind.
summary: Nine part television series that explores the way
science has looked into the mind throughout history - from
psychoanalysis to neuroscience.
WL 300 M661 1988

Mind-body therapy.
summary: Begins with a discussion about the theory and its
application, followed by an actual counseling
demonstration. Concludes with a discussion with a group of professionals specifically about the demonstration and
generally about the theory.
WM 420 P95 v.8 1997

The Mind of a murderer.
summary: Documents the Los Angeles trial of Kenneth
Bianchi, commonly known as the Hillside Strangler,
through still photographs, news footage, courtroom action,
and interviews with those involved in the case. Focuses on
psychiatric evidence concerning Bianchi’s sanity.
KF224.B37 M5 1984

Misunderstood minds: understanding kids who struggle to
learn.
summary: “Illustrates...that specific identification of learning
problems is the key to success for millions of children
struggling in school. Features leading experts in the field
of learning problems including Mel Levine, G. Reid Lyon,
Edward M. Hallowell and Richard D. Lavoie.”
LC4704.M57 2002

Morality: the process of moral development.
summary: Children from the age of four until early adulthood
are interviewed and tested in order to examine their
concepts of sharing, fairness, justice, and other attitudes
linked to the process of moral development.
BF723.M54 M67 1977

Motivating underachievers.
summary: This program explores the problem of
underachieving children and examines why so many
schools fail to deal with the problem effectively.
LB1065.M68 1988

Motivation.
summary: Program explains what motivates people and
provides dramatic examples.
BF503.M68 1990

Multimodal therapy.
summary: Arnold A. Lazarus conducts a mock therapy session
while stressing the importance of identifying a client's
significant behaviors, affective responses, sensory
reactions, images, cognitions, interpersonal relationships,
and assessing the need for drugs. Once these are
identified treatment can begin.
WM 420 A12 1992 v.1

Multimodal therapy.
summary: Begins with a brief discussion with the practitioner
concerning the theory, followed by an actual counseling
session. Concludes with Lazarus discussing with Jon
Carson, Diane Kjos and a group of professionals
specifically about the demonstration and generally about
the theory.
WM 420 P95 v.9 1997

Multiple genders: mind and body in conflict.
summary: Discusses questions regarding gender identity and
addresses the moral implications of multisexual
orientation.
HQ1075.M85 1997

The multiple personality puzzle.
summary: Psychologists and psychiatrists discuss multiple
personality disorder, addressing topics including brain
anatomy, dissociation, coercion, memory implantation,
allegations of satanic ritual abuse, and Sybil, both the
movie and the person.
WM 173.6 M961 2003 (DVD)

Mystery of the senses.
summary: This documentary series explores the wonders of
hearing, smell, taste, touch, and vision.
QP431.M97 1995

No loitering: teens searching for a place.
summary: “... an intimate portrait of teenagers trying to find
their way and make sense of the world around them. The
film interweaves video shot by teens and by the
filmmaker, as they work together to create expressive
outlets ... Set in the small town of Sitka, Alaska, home to a
large Alaska Native population, the video chronicles the
creativity, concerns, and dreams of youth growing up
today.”
HQ796.N6 2001
Psychology Videos as of 2012

Not guilty by reason of insanity.
summary: Features a visit to New York’s Kirby Forensic Psychiatric Center, a maximum-security hospital for the criminally insane. Interviews some of the inmates that successfully used the controversial insanity plea to escape prison.
HV8742.U52 N68 2002

Obedience.
summary: Presents an experiment conducted during 1962 at Yale University on obedience to authority. Describes both obedient and defiant reactions of subjects who are instructed to administer electric shocks of increasing severity to another person.
HM1251 .O23 1969

Object-relations therapy.
summary: Features Jill Saxe Scharff, a psychiatrist who is co-director of the International Institute of Object Relations Therapy and clinical professor of psychiatry at Georgetown University. Introduces object relations therapy, a long-term therapy which sees relationships, beginning with the mother-infant relationship, as primary and in which the therapist provides a safe environment where the therapist-client relationship can be used as the basis for therapeutic work. Presents an actual counseling session using object relations therapy followed by a group discussion analyzing the session.
WM 420 P95 v.10 1997

Once upon a loss: a new look at Cinderella.
summary: Jungian analyst Kathrin Asper examines the Cinderella story as a metaphor for loss and abandonment in the childhood experiences of three women.
GR850 .O53 1995

One percent of us.
summary: This series documents 20 years in the lives of five mentally handicapped people. Now aged between 25 and 31, they and their families find there is a change in society’s attitude toward them. Despite their handicaps, they are leading full and active lives and appear to have fulfilled much of their potential.
HV891 .A13 1988 pt.3

Opening the gates of Abu Ghraib.
summary: Looks at the political fallout from the torture and humiliation inflicted on Iraqi prisoners of war by U.S. Military personnel in the Abu Ghraib Prison, and responses by President Bush and Sec. of Defense Donald Rumsfeld. The questions are clear: Who knew what and when and who are the contract employees who have been hired to do much of the guarding and interrogation of Iraqi prisoners? Finally correspondent Jake Tapper revisits a 1971 experiment at Stanford University, which sheds light on what happens to people who are put into positions of power over others.
DS79.76 .O64 2004

Our families ourselves. 7, Sex and sexuality.
summary: This lesson focuses on attitudes about sex and sexuality in America, as well as on the impact of these attitudes, as reflected in such diverse outcomes as infidelity, discrimination based on sexual.
HQ536 .O97 2007

Overcoming children's language problems: speaking for ourselves.
summary: Approximately 10% of children have some difficulties in learning to speak. This program explores how children learn to communicate and how parents can learn to overcome speech problems if they occur.
LB1139.L3 O94 1996

Person-centered therapy.
summary: Begins with a discussion about the theory and its application, followed by an actual counseling demonstration. Concludes with a group of professionals discussing the demonstration and the theory.
WM 420 P95 v.11 1997

Personal space: exploring human proxemics.
summary: Discusses the concept of personal space and the interpersonal and cultural issues that define it.
BF469 .P47 1999

Personality theories.
summary: Explores psychoanalytic, humanistic, and social cognitive theories of personality. Uses the example of Nelson Mandela to show how someone using each of these theories would analyze his personality.
BF698 .P47 2001

Persuasion in everyday life.
summary: "Viewing this program is like holding a mirror up to your mind. Use it to explore five often hidden forces that shape beliefs and judgments. How we frame events influences our judgment and beliefs, and the ability to shape perceptual frames is the power to persuade."
BF637.P4 P46 2007 (DVD)

Phantom words and other curiosities.
summary: Phantom words (15:30) -- Memory for musical tones (16:09) -- Cambiata illusion (7:42) -- 'But they sometimes behave so strangely' (3:45).
CD 552

Piaget's developmental theory: an overview.
summary: Combines archival footage of Dr. Jean Piaget with newly shot footage of Dr. Elkind conducting interviews with children of various ages. Serves as an introduction to Piaget's work.
BF721 .P53 1989

Pieces of mind: inside the human brain.
summary: Shows a sleep laboratory and how the brain works to create memories, dreams and language. Shows how technology is helping scientists understand more about when and how the human brains learns language, processes and recalls information and dreams dreams.
WL 300 P613 1997

Plagiarism: it's a crime.
summary: Includes a definition of plagiarism and consequences, reasons why people plagiarize, types of plagiarism, and strategies for avoiding plagiarism.
PN167 .P53 2006 (DVD)
Psychology Videos as of 2012

Play again.
summary: "One generation from now most people in the U.S. will have spent more time in the virtual world than in nature ... At a time when children play more behind screens than outside, Play again explores the changing balance between the virtual and natural worlds ... This moving and humorous documentary follows six teenagers who, like the average American child, spend five to fifteen hours a day behind screens. Play again unplugs these teens and takes them on their first wilderness adventure -- no electricity, no cell phone coverage, no virtual reality." 
HQ799.2.I5 P53 2010

The Plea.
summary: Examines the prevalence of plea bargaining in the American justice system, and the failures of justice that result when the practice is misused. Nearly 95 percent of all cases resulting in felony convictions never reach a jury, but instead are settled through plea bargains, in which a defendant agrees to plead guilty in exchange for a reduced sentence. Critics contend that the push to resolve cases through plea bargains jeopardizes the constitutional rights of defendants, who may be pressured to admit their guilt whether they are guilty or not. 
KF9654 .PS2 2004 (DVD)

The power of belief.
summary: Examines the power of belief and how people's beliefs persist against logic or evidence to the contrary. Some of the beliefs include being able to talk to the dead, believing illnesses can be cured by therapeutic touch, belief that a psychic or astrologer can predict the future, etc. 
BF773 .P68 1998

Prejudice: causes, consequences, cures.
summary: Uses newsreels, historical photographs, and interviews with leading psychologists to survey the causes, consequences, and cures of prejudice. 
BF575.P9 P74 1974

Prenatal development: a life in the making.
summary: Explores the three stages of prenatal development, reviews the organs and structures that nourish and protect the fetus, and discusses the influences that external factors have on prenatal development. 
WQ 175 P917 2005 (DVD)

Prescriptive eclectic therapy.
summary: John C. Norcross conducts a mock therapy session by drawing on effective methods from across theoretical camps and by matching those methods to particular cases on the basis of empirically supported guidelines (i.e., prescriptionism). 
WM 420 A12 1992 v.11

Preventing relapse in schizophrenia.
summary: Though there is no cure for schizophrenia, proper medication and treatment can help patients to lead more normal lives. In this program doctors and patients discuss the disease and its treatment. 
WM 203 P944 1996

Pride or prejudice: Indian mascots and imagery in the United States.
summary: Throughout the 20th Century, Indians and images of Indians became popular for use in branding products and as mascots for athletic teams. As the 21st Century began, these mascots received new scrutiny and disapproval, most recently with the decision of the National Collegiate Athletic Association (NCAA) to prohibit the use of certain mascots and images at NCAA-sponsored events. This conference featured key players in the ongoing dispute over the propriety of Indian mascots, and explored both the legal and ethical implications of the use of such imagery by American universities and public schools. 
E98.E85 P84 2006 (DVD).

Prime time primates.
summary: Alan Alda takes the viewer from a Rhesus monkey preserve on a Puerto Rican Island to the Yerkes Regional Primate Research Center in Atlanta to the Duke University lemur sanctuary to demonstrate behavioral links between all species of primates, including humans. Primate researchers such as Frans de Waal are interviewed, and species such as lemurs, chimpanzees, and humans are shown demonstrating various qualities such as learning skills, aggression, and sharing. 
QL737.P9 P75 1995

Process experiential psychotherapy.
summary: Leslie S. Greenberg conducts a mock therapy session relying on the use of process experiential psychotherapy, an approach that relies on the provision of a genuine and empathic relationship between the therapist and client. 
WM 420 A12 1992 v.9

Psychoanalytic therapy of schizophrenia.
WM 420 A12 1992 v.7

Qualitative research: methods in the social sciences.
summary: This DVD on qualitative research methods in the social sciences is presented in 4 chapters: 1) Questions of qualitative research, 2) Ethnography, 3) Textual analysis and 4) Application. After stating that social science research is based on studying others so that we can better understand ourselves, the video shows how researchers can construct a symbolic world to explore individual and collective meanings to determine what motivates human behavior and how individuals relate to each other in their environment. Experts Charlton McIlwain, JoEllen FisherKeller, Erich Dietrich, and Rodney Benson explain this, as well as how this research is used by the media, advertising. 
H62 .Q93 2006 (DVD)

Quiet rage: the Stanford prison experiment.
summary: Discusses a prison simulation experiment conducted in 1971 with students at Stanford University and considers the causes and effects that make prisons such an emotional issue. Documentary includes new film, flashback editing, follow-ups 20-years later, and an original music score; reveals the chronology of the transition of good into evil, of normal into the abnormal. 
V6089 .Q54 1995
Psychology Videos as of 2012

Race and sex: what we think (but can't say).
summary: Typecast, label, pigeonhole, it doesn't matter what word is used, they all mean the same thing -- to stereotype. As John Stossel reports, many people say it's natural to stereotype, and psychologists say we still categorize by things like age and race and gender because our brains are wired to do it automatically.
HM1096 .R334 2007

Race, the world's most dangerous myth.
summary: The concept of race is examined from a scientific and cultural perspective. Also looks at the classifications of race and the Racism Quotient Questionnaire.
GN495.6 .R33 1993

Racial profiling.
summary: The issue of racial profiling of minorities by police is highly-charged with legal, political, ethical and social implications. This report examines the issue from the points of view of ordinary black Americans, the police and social scientists.
HV7936.R3 R33 2004

Rain man.
summary: A self-involved young man is shocked to discover that his millionaire father left most of his estate to an unknown beneficiary. The man tracks down said beneficiary, who turns out to be his brother and an autistic savant.
PN1993.15 .R345 1988

Reality therapy.
summary: Jon Carlson, Diane Kjos and Robert Wubbolding begin by introducing reality theory. This is followed by an initial therapy session with Dr. Wubbolding and Juan, where the presenting issue is Juan's inability to complete his master's thesis. Then the therapy session is discussed by Carlson, Kjos, Wubbolding, and a panel of counselors, counselor educators and graduate students.
WM 420 P95 v.12 1997

Research design.
summary: The video series examines the issues involved in research ideation and methodology. Researchers from several universities and master's and doctoral students present examples of work they have done and comment on their experiences.
Q180.55.M4 R46 2004 (DVD)

Research methods for the social sciences.
summary: Describes the research methods used in the social sciences and the steps used to apply the scientific method. Ethical research methods are also discussed.
H62 .R48 1996

Rex.
summary: Lesley Stahl interviews eight-year-old Rex Lewis-Clack, who is blind and mentally impaired, but has a remarkable musical ability.
BF426 .R49 2005 (DVD)

Rhythms and drives.
summary: Explores man's animal drives, which are controlled by the hypothalamus and other parts of the brain. Explains how seasonal changes affect human biorythms and influence behavior, including sleep patterns and emotional well-being. Tells how disorders affecting the hypothalamus can inhibit production of sex hormones or trigger violent criminal behavior. Includes medical studies and experiments as well as interviews with experts and victims of brain disorders.
WL 300 R479 1984

Robots alive!
summary: Robots that talk, walk, and think for themselves are the featured subjects. This episode also includes a test ride in a van that drives itself and competitions with robot contestants. Host Alan Alda meets with the inventors of these robots to find out more about their works in progress and what we might expect to see in the near future.
TJ211 .R57 2000

Science of babies.
summary: "Human babies come into this world entirely helpless -- unable to walk, talk or feed themselves. And, as any parent can testify, a remarkable transformation occurs over their first year. But what's happening behind what you can simply observe? From first breath to first step, National Geographic sheds light on the amazing developments in the first 12 months of life and how new research indicates that these growing abilities are much more flexible than previously known. Follow leading scientists as they study the remarkable plasticity of a very young brain, measure how early experiences influence the course of human development and deconstruct how babies can learn languages and even grasp math!"
HQ767.9 .B225 2007

Seasons of life.
summary: Case studies and commentaries by noted psychologists examine human development, from conception to death.
BF713 .S43 1990

The secret life of the brain.
summary: This series explores the startling new map of the brain that has emerged from the past decade of neuroscience and shares a revelatory view of this most complicated organ, which now contradicts much of what we previously believed. Narrated by actress Blair Brown, the series tells stories through a mix of personal histories, expert commentary and cutting-edge animation. Viewers will not only learn startling new truths about the brain, they will voyage inside it.
WL 300 S433 2001 (DVD)

Secret shame: bullied to death.
summary: Shows how a thirteen-year-old, Wesley Oleksuk, was the victim of bullying so vicious that he took his own life. This program places the focus on this growing social problem, and the long-term psychological effects of bullying are explored.
LB3013.34.C2 S27 1997
Psychology Videos as of 2012

Sex hormones and sexual.
summary: Discussion of structural and physiological differences between male and female brains includes an interview with Dr. June Reinisch of the Kinsey Institute.
WK 900 S518 1985

Sex: unknown.
summary: Explores gender identity with contributions of psychologists and researchers, and through personal insights from the Reimer family, including candid, heartrending interviews with Janet Reimer and her son, who ultimately rejected his female identity and is now living as a man.
BF692.2 .S49 2001 (DVD)

Sexual stereotypes in media: superman and the bride.
summary: Program shows commonly accepted stereotypes of man as Superman and woman as his slavish bride.
P96.SS S49 1993

Short-term dynamic therapy.
summary: Donald K. Freedheim conducts a mock therapy session utilizing short-term dynamic therapy (STDT). The purpose of STDT is to help the patient acquire insight into the role of life events and ongoing experiences that contribute to the presenting problems.
WM 420 A12 1992 v.12

Slim hopes: advertising and the obsession with thinness.
summary: Illustrated lecture which explores the manner in which women are portrayed by advertising with the focus on thinness. Discusses the impact this portrayal has on the self-images of women and girls.
BF697.5.B63 S64 1995

The smell of burning ants.
summary: Raises gender issues and provokes the viewer to reflect on how our society can deprive boys of wholeness. Through the formative events of a boy's life, we come to understand the ways in which men can become emotionally disconnected and alienated from their feminine side. Illustrates how boys are socialized by fear, power and shame.
HQ783 .S55 1994

So Many Children.
summary: Looks at parents' efforts to come to terms with their children's disabilities.
HV891 .A13 1988 pt.1

Social psychology.
summary: Introduces the field of social psychology and defines some of the key concepts. Shows community reactions to bussing and integration in Westport, Conn., with commentary by Kenneth B. Clark, Thomas J. Cottle, Thomas E. Pettigrew, and David O. Sears.
HM1033 .S63 1971

Social psychology, 4. Prejudice.
summary: Through interviews and scenes the psychology of prejudice is examined.
BF575.P9 S63 1989

Solution focused therapy.
summary: Features Insoo Kim Berg and Steve de Shazer, co-founders of the Brief Family Therapy Center in Milwaukee. Introduces solution-focused therapy, a goal-focused therapy which seeks client-generated solutions to problems and is often briefer than traditional psychotherapy. Presents an actual counseling session using solution-focused therapy followed by a group discussion analyzing the session.
WM 420 P95 v.13 1997

Sophie's choice.
summary: A drama set in post-World War II Brooklyn revolves around Sophie, a Polish Catholic beauty who survived Auschwitz, her lover, Nathan, and Stingo, a would-be writer. As the three grow closer, Stingo discovers the captivating and moving truths that each harbors.
PN1993.15 .S662 1982

Sound or silence.
summary: Examines the cochlear implant and the controversy surrounding it in the deaf community. Shows a surgeon at Johns Hopkins Hospital performing the implant procedure as well as interviews with the president of Gallaudet University and the director of the Deafness Research Foundation.
WV 274 S84 2000 (DVD)

State of mind.
summary: Explores human awareness and consciousness as brain functions which neuroscientists still do not fully understand. Discusses dreams as related to chemical changes in the brain. Illustrates the lack of control over one's consciousness in multiple personality disorders by interviewing a victim and his wife, theorizing that physical changes in the brain may lead to the altered states of consciousness. Also describes changes in consciousness induced by stroke, Alzheimer's disease, and drugs like PCP.
QP376 .B72 1984

Story for a friend.
summary: This program explores the realities faced by the families of challenged children, as told by "Mrs. G." who is both the parent of a handicapped child and a psychiatric nurse.
HQ759.913 .S76 1989

Stranger in the mirror.
summary: Presents the cases of two individuals suffering with visual agnosia, a disorder which makes the individual unable to recognize what they are seeing.
WL 340 S81 1987

Stress and emotion.
summary: Explains chemical changes in the brain which result from stress, and shows how one maintains or loses self-control due to changes in the brain's chemistry. Discusses the fight-or-flight reaction, panic attacks, pain reactions, and other chemically-based results of stress and trauma. Includes the dramatized story of Phineas Gage, a 19th century survivor of a severe brain injury whose subsequent radical personality change caused early neuroscientists to explore the interrelation of specific parts of the brain.
WL 300 R479 1984
Psychology Videos as of 2012

Surprising studies of visual awareness. vols. 1 & 2.
summary: Consists of visual memory tests arranged in four groups (flicker task, gradual task, selective attention task and movie task) that evaluate the viewer's ability to detect and remember subtle visual change. The menu-driven interface allows access to scientific explanations and to viewer and presenter instructions. Includes the original demonstrations released in 2003 and new ones released in 2008.
QP491 .S97 2008

Survivors of the Holocaust.
summary: Chronicles the events of the Holocaust as witnessed by those who survived. The program weaves together archival footage and an original music score with survivors' personal testimonies and photographs, chronicling life in pre-war Europe, the devastating impact of Nazism, the liberation of the concentration camps and life fifty years later. Contains an additional segment, hosted by Ben Kingsley, which takes the viewer behind the scenes at Survivors of the Shoah Visual History Foundation. Included is footage of Steven Spielberg himself, discussing and describing this, his most ambitious project ever.
D804.195 .S87 1995

A tale of "O": on being different.
summary: Insights into the impact of relative numbers on people's performance in work groups, when some people have a hard time fitting in because they are different from the majority. The consequences, pressure and stereotypes of being different are explored.
HDS8.7 .T35 1979

Teaching Indians to be white.
summary: Schools, where native children find it nearly impossible to balance the white view they are taught with the language and values they learn at home, represent a major problem for native children. Various tribes have responded differently to the challenge of educating their children: the Seminole of Florida resist being integrated, the Miccosukee decided not to fight but to join, and the Cree took back their own schools.
E59.E75 T43 1992

Teaching to both sides of the brain.
summary: Program explains how each side of the brain deals with information, the implications of this on classroom teaching, and important strategies teachers can use to make sure they teach to both sides of the brain.
LB1060 .T43 1987

Teenage suicide.
summary: Explores some of the reasons why teens commit suicide and describes some of the behavior patterns to which family and friends should be alert.
HV6546 .T46 1987

This emotional life.
summary: This program explores ways to improve our social relationships, cope with emotional issues, and become more positive, resilient individuals in these difficult times.
BFS31 .T45 2010

Tim Wise: on white privilege: racism, white denial & the costs of inequality.
summary: "In this spellbinding lecture, Tim Wise ... offers a unique, inside-out view of race and racism in America. Expertly overcoming the defensiveness that often surrounds these issues, Wise provides a non-confrontational explanation of white privilege and the damage it does not only to people of color, but to white people as well. This is an invaluable classroom resource: an ideal introduction to the social construction of racial identities, and a critical new tool for exploring the often invoked - but seldom explained - concept of white privilege."
E185.615 .T55 2008

A Token gesture.
summary: A satiric portrayal of the stereotypes that are applied to the sexes. Briefly examines the historical development of these attitudes starting at birth and continuing through adulthood.
GN479.65 .T65 1990

The transfer of alcohol of human milk.
summary: Recording of a neuroscience and physiology lecture, given by Julie A. Mennella, PhD. of the Monell Chemical Senses Center, Philadelphia, PA., at State University of New York, Upstate Medical Center, Syracuse, New York, on April 21, 2006
WS 115 MS27t 2006 (DVD)

Trial consultants: stacking juries or keeping trials fair?
summary: This program explores the increasing use of trial consultants in transforming defendants and especially in helping to select juries. Featured in this program are Jane Murdoch-Miller, who transforms defendants to give them a whole new look, and Jo-Ellen Demetrius, who helped select the juries for the Rodney King and O.J. Simpson trials.
KF8979 .T75 1995

The truth about alcohol.
summary: Through interviews and dramatic footage, this program examines the use and abuse of alcohol and the dire consequences that may ensue.
HV5060 .T78 1991 (DVD)

Twitch and shout: a documentary about Tourette syndrome.
summary: Tourette syndrome is a genetic neurological disorder which causes tics, involuntary movements, noises and thoughts, and uncontrolled swearing and obsessive-compulsive behavior. This documentary presents a series of interviews with adults who have been diagnosed with Tourette syndrome but who are now able to participate in normal living experiences.
WM 176 T974 1994
The Two brains.
summary: Examines the unique functions of each hemisphere of the human brain. Uses interviews with neuroscientists, scientific studies and experiments, tests administered to stroke victims, and the study of an epileptic who had part of her brain severed surgically to control seizures. Describes differences between male and female brains which seem to result from differing sex hormones, and shows how some sex abnormalities may chemically affect the brain. Explores the influence of culture and experience on the way the brain processes information.
WL 300 L438 1984

Understanding mental illness and schizophrenia.
summary: Although mental illnesses severely affect thoughts, moods, and coping abilities, a fulfilling life is still possible for people who face those challenges. Outlining the symptoms and possible causes of schizophrenia, clinical depression, and bipolar disorder, this program explores various treatment options and identifies ways that patients can achieve personal independence. Real-world success stories are featured, emphasizing the importance of support from family and friends, as well as the vital role that medication and therapy play. A detailed discussion of meds developed during the 1990s sheds light on their improvements over previous drugs, as well as concerns about their side effects.
WM 200 US5 2006

Unlocking the secrets of schizophrenia.
summary: This documentary goes to the National Institutes of Health to examine what causes schizophrenia, and what new treatments are available. See how new medications are researched and developed, and how scientists, mental health advocacy groups, and government agencies are joining forces to improve the lives of schizophrenics. Senator Peter Domenici (New Mexico) discusses specific government efforts aimed at dealing with the problem.
WM 203 US8 1997

Using what we know: applying Piaget's developmental theory in primary classrooms.
summary: Shows three teachers working with their classes. Linda Wiezorek has a multi-aged group that is shown performing their operetta about Humphrey, the whale. Margie Wong has a multi-cultural class that is shown making number stories. Jeannette Amidon is shown teaching phonics to her class.
LB775.P49 U87 1991

Vygotsky's developmental theory: an introduction.
summary: Presents Lev Vygotsky's early childhood learning theories and demonstrates them in classrooms. Development, according to Vygotsky, cannot be separated from its social context: it is misleading to evaluate children only on what they accomplish independently.
LB1117 .V94 1994

Vygotsky's developmental theory: an introduction.
summary: Examines the unique functions of each hemisphere of the human brain. Uses interviews with neuroscientists, scientific studies and experiments, tests administered to stroke victims, and the study of an epileptic who had part of her brain severed surgically to control seizures. Describes differences between male and female brains which seem to result from differing sex hormones, and shows how some sex abnormalities may chemically affect the brain. Explores the influence of culture and experience on the way the brain processes information.

Psychology Videos as of 2012

Waking life.
summary: Join Wiley Wiggins as he searches for answers to the question of whether we are sleepwalking through our waking state or wake-walking through our dreams.
PN1993.15 .W352 2001 (DVD)

What do you see?: giving stereotypes a second look.
summary: Addresses these critical issues by helping your students understand what stereotyping is and what it does. A diverse group of students is brought together to share their experiences of stereotyping. They describe how others' perception of them differs from the way they actually are, helping viewers understand the importance of looking at people not as a stereotype but as an individual.
LB1027.5 W47 1998

When the bough breaks.
summary: Current theory holds that if a child does not properly attach itself to a caregiver in the first three years, the implications for later life are profound. This can show up in the form of overly aggressive behavior, serious learning problems, and delinquency. This program followed three sets of parents and their problem children, ages 10 months to 3 years. Two of the children had never slept through the entire night and one had a serious eating disorder. The behaviors pushed the families to the edge of despair in trying to manage them. For this program, cameras were placed in the homes of the families and tapes were made of 3 months of therapy sessions at the C.M. Hincks Treatment Centre in Toronto. The program illustrates that children give out signals of disturbance even before they can speak and if there is not proper intervention, the entire family can be thrown into turmoil.
WS 350.6 W574 2000 (DVD)

Who you are and what you are: understanding sex role.
summary: Focuses on society's expectations as well as on individual desires. Considers sex-related issues involving career development, marriage, sex, romance and new relationships between women and men.
HQ1075 .W46 1982

Why man creates.
summary: Demonstrates in its form and content, the nature of the creative process and discusses the variety, richness, and importance of creative vision.
BF408 .W62 1968

Why we lie.
summary: (Producer) The average person tells two lies a day; some psychiatrists say that lying may actually hold society together. A variety of experts explain the reasons and uses for this ability learned early in childhood.
BF637.T77 W49 2001

The wonder pill.
summary: Examines the unique functions of each hemisphere of the human brain. Uses interviews with neuroscientists, scientific studies and experiments, tests administered to stroke victims, and the study of an epileptic who had part of her brain severed surgically to control seizures. Describes differences between male and female brains which seem to result from differing sex hormones, and shows how some sex abnormalities may chemically affect the brain. Explores the influence of culture and experience on the way the brain processes information.
WL 300 L438 1984
The World of abnormal psychology.
summary: A video series that covers the spectrum of psychological disorders from simple stress to paranoid schizophrenia. In documentary style, therapists, physicians, and researchers weave their commentary on causal factors, treatments and prognoses around the patients' own stories.
Annenberg Video on Demand

A world of food: tastes & taboos in different culture.
summary: Explores the variety of food likes and dislikes, food taboos, and food rules around the world. Shows that food behaviors are peculiar to given cultures and that each culture has its unwritten food etiquette rules.
GT2960 .W67 2000 (DVD)

Worried sick.
summary: This program shows the body's physiological reaction to stress. Host Alan Alda meets researchers who are exploring the ill effects of stress on health and aging, and how relaxation can help lessen the damage.
QP82.2.S8 W67 2003 (DVD)

Psychology Videos as of 2012

Yellow submarine.
summary: The adventure begins in Pepperland, where the despicable Blue Meanies have declared war on all that is good, especially music. The Fab Four vow to save the day with some tuneful ammunition of their own including such Beatles classics "Nowhere man", "All you need is love" and "Yellow submarine".
ML421.B4 Y45 1968 (DVD)

Young Dr. Freud.
summary: "Retraces the early life of Sigmund Freud from his birth in 1856 to the publication of his landmark book The interpretation of dreams in 1900."
BF173.F85 Y68 2002